

For Immediate Release
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Rotunda Dance Series: Mix'd Ingrdnts Dance Company

Presented by Dancers' Group and World Arts West,
in partnership with Grants for the Arts and
San Francisco City Hall

Free

Friday, September 2, 2016
12 Noon
San Francisco City Hall

SAN FRANCISCO, CA—August 3, 2016—In their sixth season of free monthly dance performances in San Francisco City Hall's extraordinary rotunda, Dancers' Group and World Arts West continue their partnership to bring audiences lunchtime glimpses into movement and musical traditions from around the world.

This September, through a diverse mixture of movement and poetic prose, the all-female dance company Mix'd Ingrdnts will perform *In Between the Seams*, which aims to push boundaries and broaden understanding of the importance of human connection. In a world where the meaning of connection is rapidly changing and evolving, Mix'd Ingrdnts Dance Company explores the value and challenges of connection—with ourselves, our environments, and each other.

The Rotunda Dance Series will continue monthly through 2016, including performances by AXIS Dance Company (October 7), the Mussel Rock Cloggers (November 4), and Bolivia Corazón de América (December 9).

The Series brings many of the Bay Area's most celebrated dance companies to San Francisco City Hall's rotunda space for free monthly noon-time performances. The Rotunda Dance series is presented by Dancers' Group and World Arts West in partnership with Grants for the Arts and San Francisco City Hall.

About Mix'd Ingrdnts Dance Company (mixdingrdnts.com)

Mix'd Ingrdnts Dance Company is a multi-ethnic and diverse collective of female artists who work together as an all-styles dance company, with the intent of cultivating a stronger community of artists of all ages through urban performance, dance education and connection. Mix'd Ingrdnts is directed by Co-Founders Jennifer "Jenay" Anolin and Samara Atkins, who began the company in 2010 wanting to affect their community in ways that inspired people to have an artistic approach to evoke social change and to tell a story. The company exists to empower women to express themselves and to hold platforms to help facilitate the community speaking up and out for the greater good. Mix'd Ingrdnts also strives to empower youth through knowledge and dance in order to impact their lives so that they can impact others and their communities. The company does this through forums, school assemblies, festivals, and various events around the Bay Area.

About World Arts West (worldartswest.org)

For over three decades, World Arts West has supported and presented world dance artists throughout the San Francisco Bay Area. The main presenting program of the organization is the nationally acclaimed San Francisco Ethnic Dance Festival, which presents over 100 distinct dance forms and thousands of local dancers who are sustaining and innovating within those forms. The organization works year round to advance cultural literacy and build bridges of cultural understanding.

About Dancers' Group (dancersgroup.org)

Dancers' Group promotes the visibility and viability of dance. Founded in 1982, we serve San Francisco Bay Area artists, the dance community and audiences through programs and services that are as collaborative and innovative as the creative process itself. In response to the needs of its constituents, Dancers' Group has evolved to fulfill a dual function as a service organization and as a presenter of performance opportunities that maximize the visibility of dance in the Bay Area.

Save the Dates for the rest of the 2016 Rotunda Dance Series

Friday, October 7: AXIS Dance Company

Friday, November 4: Mussel Rock Cloggers

Friday, December 9: Bolivia Corazón de América

Calendar Editors please note:

Who: Rotunda Dance Series: Mix'd Ingrdnts

What: Free monthly dance performance, presented by Dancers' Group and World Arts West, in partnership with Grants for the Arts and San Francisco City Hall.

Cost: Free

Where: City Hall, San Francisco

When: Friday, September 2, 2016, Noon

Info: Michelle Lynch Reynolds, (415) 920-9181, michelle@dancersgroup.org, dancersgroup.org/rotunda

Images available for download:

<http://dancersgroup.org/wp-content/uploads/2016/08/Aragona-Flyer-0193.jpg>

<http://dancersgroup.org/wp-content/uploads/2016/08/Aragona-0380.jpg>

Photos by Marisa Aragona

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